

Orange County Community Assistance/Mental Health Resources

Hotlines/Helpines		
National Suicide Prevention Lifeline English: 1-800-273-TALK (8255) Spanish: 1-800-628-9454	Alcoholics Anonymous OC 1-714-556-4555	Housing: OC Rescue Mission [*Faith Based] 1-714-247-4300 1-800-663-3074
Didi Hirsch Suicide Crisis Helpline-LA 1-877-727-4747	Interval House – Domestic Violence Hotline 1-800-978-3600	Centralized Assessment Team (CAT) [18 yr. and under] 1-866-830-6011
Crisis Text Line Text HOME to 741741	OC Links (Referrals) Helpline 1-855-625-4657	Disaster Distress Helpline 1-800-985-5990
Rape Crisis/Sexual Assault Hotline 1-949-831-9110	CA Resource Line 211	Alcohol & Drug Helpline 1-800-821-4357
Child Protective Services-OC 1-714-940-1000 or 1-800-207-4464	Trauma Intervention Programs 1-714-314-0744	Evaluation & Treatment Services (ETS) [Emergency Psychiatric Evaluation] 1-714-834-6900
Elder/Disabled Adult Protective Services-OC 1-800-451-5155	Narcotics Anonymous OC 1-714-590-2388	Maternal Outreach Management System [Services for Pregnant Women] 1-800-787-5858
Community Legal Aid SoCal 1-800-834-5001	Alcohol & Drug Helpline 1-800-821-4357	Trevor Line – Crisis Hotline for Youth 1-866-488-7386
Laura’s House – Domestic Violence Hotline 1-866-498-1511	Human Options – Domestic Violence Hotline 1-877-854-3594	National Domestic Violence Hotline 1-800-799-SAFE (7233)
Drug and Alcohol Referrals		
Phoenix House 1207 E. Fruit St., Santa Ana, 92701 1-714-953-9373	Cornerstone of Southern California 1950 E. 17th St., Ste. 150, Santa Ana, 92705 1-800-385-9889	Reflections Recovery Center 17165 Newhope St., Fountain Valley, 92708 1-866-819-3923
Shanti OC 23461 South Pointe Dr., Ste. 100, Laguna Hills, 92653 1-949-452-0888	Alcohol & Drug Helpline 1-800-821-4357	Roque Center [Men/Women] 1-714-952-4032
Domestic Violence & Human Trafficking Resources		
Restraining Orders 1-714-935-7956	Laura’s House 999 Corporate Dr., Ste. 225, Ladera Ranch, 926494 1-949-361-3775	Human Options 5540 Trabuco Rd., Ste. 100, Irvine, 92620 1-949-757-3635
Women’s Transitional Living Center Hotline 1-714-992-1931	Rape Crisis/Sexual Assault Hotline 1-949-831-9110	Interval House for Battered Women OC: 1-714-891-8121 LA: 1-562-594-4555
Orange County Human Trafficking Task Force (OCHTTF) 1-888-373-7888	Elder/Disabled Adult Protective Services-OC 1-800-451-5155	Child Protective Services-OC 1-714-940-1000 or 1-800-207-4464
LGBTQIA+ Resources		
Radiant Health Center 17982 Sky Park Circle, Ste. J, Irvine, 92614 1-949-809-5700	The LGBTQ Center OC 1605 N. Spurgeon St., Santa Ana, 92701 1-714-953-LGBT (5428)	OC Accept 2035 E. Ball Rd., Ste. 100-C, Anaheim, 92843 1-714-517-6100
Trevor Line – Crisis Hotline for Youth 1-866-488-7386	CHOC GPS Program 1120 W. La Veta Ave., Ste. 125, Orange, 92868 1-888-770-2462	UCI Pediatric Gender Diversity Program 1 Medical Plaza Dr., Irvine, 92697 1-714-456-6025
Homelessness		
Families Forward 1-949-552-2727	Serving People In Need (SPIN) 1-714-751-1101	Illumination Foundation 1-949-273-0555
Veterans/Military Services		
Strong Families, Strong Children 1-714-953-4455	Waymakers (formerly Community Service Programs, Inc.) 1-714-250-0488	WIC Women, Infants & Children (WIC) Program 1-888-YOUR-WIC (9687-942)

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Mental Health Referrals			
<p><u>South Orange County Family Resource Center</u> 22481 Aspan St, Ste. B, Lake Forest, 92630 1-949-364-0500</p> <p>Cost: Sliding Scale Therapy in English & Spanish <i>PSYCHIATRIC Services</i></p>	<p><u>Alliance Psychiatric Group</u> 17601 17th St., #120, Tustin, 92780 1-714-769-6090</p> <p>Insurance: Takes most insurance <i>PSYCHIATRIC Services</i></p>	<p><u>Western Youth Services Outpatient Clinic</u> 200 W. Santa Ana Blvd., Ste. 801, Santa Ana, 92701 1-714-704-5900</p> <p>Insurance: Medi-Cal only Ages 20 and Younger <i>PSYCHIATRIC Services +Testing</i></p>	<p><u>OMID Institute</u> 2101 Business Center Dr., #150, Irvine, 92612 1-949-502-4721</p> <p>Cost: Sliding Scale Insurance: Medi-Cal/Cal Optima Therapy in Arabic, Farsi, Mandarin, Vietnamese & English</p>
<p><u>Share Our Selves (SOS) Community Health Center</u> 1 Purpose Drive, Lake Forest, 92639 1-949-270-2100</p> <p>Cost: Sliding Scale Insurance: Medi-Cal/most insurance <i>PSYCHIATRIC Services</i></p>	<p><u>Hurtt Family Health Clinic</u> 1 Hope Dr., #0221, Tustin, 92782 1-714-247-0300</p> <p>Cost: Sliding Scale Insurance: Medi-Cal Only <i>PSYCHIATRIC Services</i> *Faith Based; Mainly Primary Care Services</p>	<p><u>OC Health Care Agency Outpatient Clinic</u> 1200 N. Main St. Ste. 200, Santa Ana, 92701 1-714-480-6767</p> <p>Cost: Sliding Scale Insurance: No Private Insurance Medi-Cal is accepted <i>PSYCHIATRIC Services, Therapy</i></p>	<p><u>Pepperdine University Counseling Center</u> 18111 Von Karman Ste. 401, Irvine, 92612 1-949-223-2570</p> <p>Cost: Sliding Scale</p>
<p><u>Camino Health Center</u> 22481 Aspan St., Ste. A, Lake Forest, CA 92639 1-949-240-2272</p> <p>Cost: Sliding Scale <i>PSYCHIATRIC Services</i> *Mainly Primary Care Services</p>	<p><u>OCAPICA</u> 12912 Brookhurst St., Ste. 410, Garden Grove, 92840 1-714-636-9095</p>	<p><u>Mariposa Women & Family Center</u> 200 E. Katella Ave., Orange, 92687 1-714-547-6494</p> <p>Cost: Sliding Scale Therapy in English & Spanish</p>	<p><u>Logical Behavioral Health</u> 4000 MacArthur Blvd., Ste. 600, East Tower Newport Beach, 92660 1-949-432-9173</p> <p>Cost: Insurance only <i>Neurological Testing</i></p>
<p><u>Laura's House</u> 999 Corporate Dr. #225, Ladera Ranch, 92694 1-949-361-3775</p> <p>Cost: Sliding Scale</p>	<p><u>Norooz Clinic Foundation</u> 1901 Newport Blvd., Ste. 350, Costa Mesa, 92627 1-949-242-9720</p> <p>Cost: Sliding Scale <i>EMDR, Testing Services</i></p>	<p><u>St. Joseph Behavioral Health</u> 1100 W. Stewart Dr., Orange, 92868 1-714-771-8085</p> <p>Cost: Insurance only, out of pocket <i>PSYCHIATRIC Services, PHP/IOP</i></p>	<p><u>Turning Point Center for Families</u> 3151 Airway Ave., F-206A, Costa Mesa, 92626 1-714-547-8111</p> <p>Cost: Sliding Scale</p>
<p><u>BBK Psychotherapeutic Services</u> 23461 South Pointe Dr., Ste. 175, Laguna Hills, 92653 1-949-269-7220</p> <p>Cost: Sliding Scale Insurance: Blue Cross and PPO</p>	<p><u>Community Health Enrichment Collaborative Family Resource Center</u> 27412 Calle Arroyo, San Juan Capistrano, 92675 1-949-489-7742</p> <p>Cost: Sliding Scale Therapy in English & Spanish <i>PSYCHIATRIC Services</i></p>	<p><u>UC Irvine Health Psychiatry Services</u> 101 The City Dr. S., Bldg. 3, Orange, 92868 1-714-456-5902</p> <p>Cost: Evaluation \$150 Follow-up \$100-\$130 <i>PSYCHIATRIC Services</i></p>	<p><u>California Family Institute</u> 2900 Bristol St., Ste. C-208, Costa Mesa, 92626 1-949-381-1510</p> <p>Cost: Sliding Scale Therapy in Spanish available</p>
<p><u>OC Health Care Agency Outpatient Clinic</u> 5 Mareblu, Aliso Viejo, 92656 1-949-643-6901</p> <p>Cost: Sliding Scale Insurance: No Private Insurance/Medi-Cal is accepted <i>PSYCHIATRIC Services, Therapy</i></p>	<p><u>El Modena Family Resource Center</u> 18672 E. Center Ave., Orange, 92869 1-714-532-3595</p> <p>Cost: Sliding Scale</p>	<p><u>Frances Smith Center for Individual & Family Therapy</u> 501 W. Palm Ave., Orange, 92868 1-714-997-6746</p> <p>Cost: Sliding Scale Insurance: No Medicare, Medi-Cal, CalOptima, or Healthy Families</p>	<p><u>Costa Mesa Family Resource Center (CMFRC)</u> 307 Placentia Ave., Ste. 203, Newport Beach, 92663 1-949-764-4543</p> <p>Cost: Sliding Scale</p>